



Thomas Mills High School: Psychology Transition Booklet

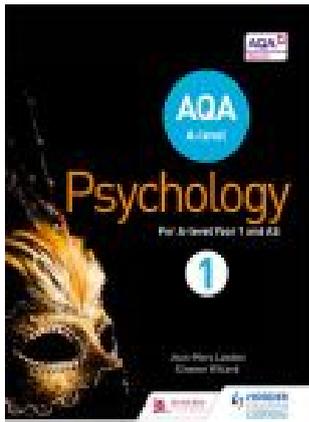


In Psychology A Level at Thomas Mills you will follow the AQA Specification.

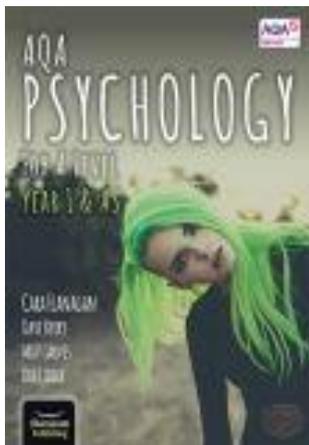
In Year 12 you will study: Social influence, Memory, Attachment, Psychopathology, Approaches to Psychology, Biopsychology and Research Methods.

In Year 13 you will study: Issues and Debates in Psychology, Schizophrenia, Aggression and Gender in Psychology.

Useful Resources



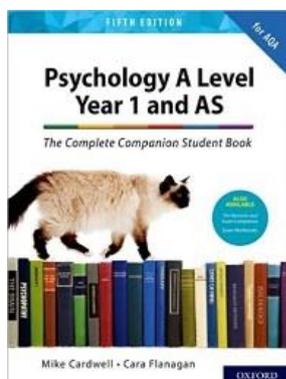
AQA A-level Psychology Year 1/AS Authors: Jean-Marc Lawton and Eleanor Willard. Publisher: Hodder Education ISBN: 9781471834882



AQA Psychology for A Level Year 1 & AS - Student Book by Cara Flanagan and Dave Berry.

ISBN13 9781908682406

At the start of your course, you will be issued with an interactive version of this book, which contains more activities and questions for revision.



The complete companions: AQA Psychology A level Year 1 and AS student book. Oxford press. ISBN- 978-0-19-843632-4

Equipment Required for the Course

Organisation is central to success. Please ensure to bring the following equipment to your first lesson:-

- Folder and dividers
- Highlighters
- A4 Revision Cards (coloured)
- Sticky Notes
- Note Pad for a Glossary / Key terms / Note taking

Research Tasks as an induction to A level Psychology at

Thomas Mills: *Please bring with you to your first lesson of term.*

Make sure that you put the information that you gather into your own words.

Research human memory:-

- What is the capacity of short term and long term memory?
- What is the duration of short term and long term memory?
- How does the multi store model of memory explain how memory works?
- If you wanted to improve memory describe one memory improvement strategy that you could use.

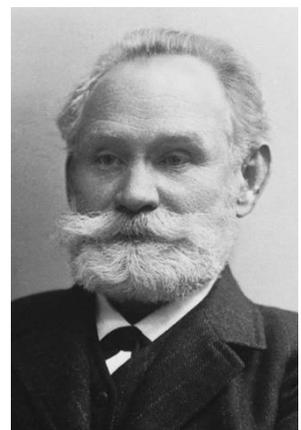


Research human attachment behaviours:

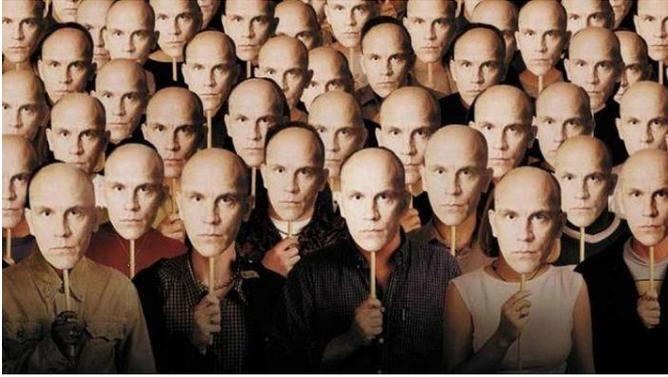
- What is the purpose of human attachment? How does it promote survival?
- What impact might failure to form an attachment have on future development?
- How might attachments be measured? Which technique and how does it work?

Researching the approaches in Psychology:

- What are the key aspects of the cognitive approach in explaining human behaviour?
- What are the key aspects of the behaviourist approach in explaining human behaviour?
- What are the key aspects of Social Learning Theory in explaining human behaviour?
- What are the key aspects of the biological approach in explaining human behaviour?
- What are the key aspects of the psychodynamic approach in explaining human behaviour?
- What are the key aspects of the humanistic approach in explaining human behaviour?



Social Psychology:



What is conformity?
What is obedience?
Why might we resist pressures to obey?

Abnormality:

- What is normal? Try to come up with your own definition
- What causes schizophrenia? Identify 3 explanations for this mental health problem.
- How are mental health disorders treated? Explain some of the types of treatment



Research methods:

What is an independent variable?
How do you calculate a mean?
What is the difference between a bar chart and a histogram?

What do the terms reliability and validity mean (in the context of Psychology)?

What is a directional hypothesis?

Covid-19 and Psychology:

Use the knowledge that you have gathered about different theories in Psychology to explain the behaviours of people during the Covid-19 outbreak. E.G. obeying government guidelines, not obeying the 2-metre rule, people cleaning everything that comes through the door etc.

