

**Chelsea's Choice Support Materials for Parents
Child Sexual Exploitation**

Organisations providing advice and support

Parents Against Child Sexual Exploitation - www.paceuk.info/ - have a comprehensive website containing information and advice about Child Sexual Exploitation. The site is aimed specifically at parents but also contains some information for professionals.

Barnardo's www.barnardos.org.uk

The Barnardo's website contains a lot of information and research on CSE www.barnardos.org.uk/what_we_do/policy_research_unit/research_and_publications/sexual_exploitation_research_resources.htm

Barnardo's have produced a leaflet entitled 'Sexual Exploitation: Sex, Secrets and Lies' that provides information for children and young people regarding what CSE is and also contains some guidance for family members on what to look out for

www.barnardos.org.uk/resources/research_and_publications/publication-view.jsp?pid=PUB-2180

CEOP (Child Exploitation and Online Protection Centre) works with child protection partners across the UK and overseas to identify online and offline threats to children and young people. More information about their work can be found at www.ceop.police.uk

CEOP also offer advice for parents and carers :<http://ceop.police.uk/safety-centre/Parents/>

ThinkUKnow provides information and guidance for children, young people, parents/carers and professionals regarding some of the activities they may be undertaking online, as well as new technologies. There is an area of their site specifically for parents: www.thinkuknow.co.uk/parents/

The ROSE Campaign (Reaching out on Sexual Exploitation) raises the awareness of Child Sexual Exploitation in Norfolk and provides a helpline **0808 800 1037** and live chat facility www.rosecampaign.org for anyone concerned or affected by the issues.

The Rose Project includes befriending victims of sexual exploitation, working with young people who runaway from home or care, delivering keeping safe work with young people involved in risky sexual and a dedicated youth work programme. Further information about their work can be found at www.rosecampaign.org

Grooming and Sexual Exploitation – Messages for Boys

The BLAST project publishes a leaflet entitled '*It happens to boys too*'. The leaflet covers a wide range of information including 'What is Sexual Exploitation and what are the Myths?' 'Top Tips to Keeping Safe', 'Am I at risk?' and 'Why Boys Don't Report'. It is available to download and print.

Yorkshire MESMAC is one of the oldest and largest sexual health organisations in the country. Their historical focus is HIV prevention and sexual health promotion. Yorkshire MESMAC is part of a group of services that include The BLAST Project, one of whose service areas is a dedicated team that works exclusively with young men and boys involved in, or at risk of becoming involved in, sexual exploitation. The BLAST project website can be found on www.mesmac.co.uk/blast

Family Planning has a lot of good links to advice for parents as well as professionals and leaflets which can be bought at reasonable prices, including 'Is this love?' <http://www.fpa.org.uk/>

Lucy Faithful is the organisation 'Make A Change' use extensively and specifically the 'Stop it Now' campaign: <http://www.stopitnow.org.uk/> and 'Parents Protect' which has many useful links for parents and children can use together. http://www.parentsprotect.co.uk/internet_safety_links.htm

<http://www.saferinternet.org.uk/> has a lot of information for parents, children and young people aged 11-19, and which includes a link to literature on video chats and webcams, 'So you got naked online'

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/safety-tools-on-online-services>

<http://www.digizen.org/kids/> has a raft of information and advice, workbooks, etc for young people to explore about keeping safe online.

<http://www.childline.org.uk/Pages/Home.aspx> has a link to a chat line which young people can use if they chose not to talk to anyone face to face.

www.thesource.me.uk/search-for-help-support-and-services/being-in-a-safe-and-healthy-relationship/ and www.thesource.me.uk/life-online which we need to make sure our information is linked to.

<http://www.ccpas.co.uk/Documents/Help-SomeoneTalkTo.pdf> is a good booklet to give to anyone who is thinking about talking to someone about being abused.

The Safer Internet Centre has been funded by the European Commission to provide a Helpline for professionals who work with children and young people in the UK, specifically tackling the area of e-safety. The Helpline provide support with all aspects of digital and online issues such as social networking sites, cyber-bullying, sexting, online gaming and child protection online. The Helpline aims to resolve issues professionals face about themselves, such as protecting professional identity and reputation, as well as young people in relation to online safety. Open **Monday to Friday, 10am to 4pm**. The Helpline can be emailed at any time, and these will be responded to during their normal working hours.

<http://www.saferinternet.org.uk/about/helpline>

For all LSCB procedures/policies/resources go to –
<http://www.suffolkscb.org.uk/procedures/>

Suffolk Local Safeguarding Children Board CSE policy:
<http://www.suffolkscb.org.uk/assets/files/2014/Safeguarding-Children-and-Young-People-from-Sexual-Exploitation-Policy-Guidance-and-Risk-Assessment.pdf>

Suffolk Local Safeguarding Children Board quick guide to safeguarding children who may have been trafficked:
<http://www.suffolkscb.org.uk/assets/files/2014/SafeguardingChildrenWhoMayHaveBeenTraffickedLSCBPractitionersQuickGuide1.pdf>

NICE (2004) Self Harm. URL
<http://www.nice.org.uk/nicemedia/pdf/CG16FullGuideline.pdf>

National CAMHS Support Services (2011), Self-Harm in Children and Young People Handbook, URL
<http://www.chimat.org.uk/resource/item.aspx?RID=105602>